NORTH FLORIDA GYMNASTICS WHEN SCHOOLS ARE CLOSED, NFGC IS OPEN!



2024 - 2025 CAMP DATES

Monday, October 14th Friday, November 1st Monday, November 11th Monday, January 20th Friday, February 14th Monday, February 17th Friday, April 18th

A DAY IN THE LIFE OF A CAMPER

8:00am	Gym Opens & Scheduled Drop off Begins
9:00am	Camp Begins with Warm-Up Games & Stretching
9:15am	Morning Rotations, Gymnastics & FUN Activities
10:30am	MORNING SNACK & DRINK (Provided by NFGC)
10:45am	Morning Rotations, Gymnastics, Games & FUN
12:00pm	Lunch - Bag Lunch or Order a Lunch from NFGC
12:30pm	Arts & Crafts Project, Movies, Games
1:00pm	Afternoon Rotations & Group Activities
4:30pm	AFTERNOON SNACK & DRINK (Provided by NFGC)
6:00pm	Camp Ends

ROTATIONS INCLUDE: Gymnastics, Cheerleading, Tumbling, Inflatable Obstacle Course, Foam Pit, In Ground Trampoline, Fitness Activities, Games & Much More! (Times & activities may vary!)





CAMP TUITION DAILY RATE 8:00am - 6:00pm \$65.00

HALF DAY RATE 8:00am - 1:00pm \$55.00 1:00pm - 6:00pm \$55.00

SIBLING DISCOUNT \$5.00 OFF DAILY RATE Sorry, No Discounts on HALF DAY RATE!

CALL (904) 221-5544 OR VISIT www.NFGymCheer.com



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